

Life is a journey in growth. Things from our past, future and present shape us and make us who we are today.

When we allow ourselves to adapt to the ever-changing present, something pretty great happens. Even if the moments are difficult while they pass.

“Everything is a stage. Once you think you finally have it figured out, it changes”. I was told this once as a new mother. I was crying to a friend about my never-sleeping child. These words are very important to hear as a parent - new and seasoned. But it also applies to most every part of our lives. Nothing is forever. Everything changes. Sometimes exactly when we need it to and sometimes those changes are unwanted and even more often, sometimes they seem to take forever to happen.

I am a photographer. When I began, my goal was simple. “I want to remember this stage. I want to remember these tiny feet and those tiny lips. I want to always remember how this felt”. As I grew in my craft, I began to realize there was so much more I am after with my art. I want the viewer to feel. Just as I felt while looking at the images I made of my dirty babies sitting in the lawn on a hot summer day. I want to leave enough mystery for the viewer to insert themselves and their own history into each image. Just like that song you cry to every time you hear it. You are not crying over the artist’s journey. You are crying because you have made their words about you.

We are all on our individual paths in this life.

The power of light. Breathing in the texture it creates while finding comfort in its warmth.

The tiny reflections that are emphasized when the shadows of the past are deep.

Fighting the confusion of life. Sitting in our past and facing our futures.

Reminders that we are able to create our own stories.

Believing there is more to ourselves than ourselves.

The complex emotions in our everyday. We feel them and we wear them.

We are small here. But we have such an important impact on all that we touch.

Following our light. Leading us to our purpose and our growth.

With some help from our people. And some guidance from our past.

We find our future. Always with light in front, and shadows behind.